

2021 NFL Youth Polar Outdoor 3 v 3 Basketball Coronavirus Guidelines

This document is meant to provide guidance for safely operating the Department of Parks and Recreation (DPR) 2021 Youth Polar Outdoor 3 v 3 Basketball league. As the situation with COVID-19 is ever evolving, this is a living document meant to provide guidance for players, coaches, families, and staff on how to manage risk of spreading and contracting COVID-19 while participating in Polar Outdoor 3 v 3 Basketball. As the season progresses, it is possible that operations and procedures may change. Your League Commissioner will be in touch should anything change.

Before Arriving to the Field

- Players, Coaches, Staff, Officials, & Fans should take their temperature prior to arriving to games each day.
- Players, Coaches, Staff, Officials, & Fans should not attend games if they feel sick, have a fever, or have been coughing.
- Players, Coaches, Staff, Officials, & Fans should not attend games if they have been in contact with someone who has had COVID-19 in the last 14 days.
- Players should not feel pressure to come to games if they are sick.

Court Entry Procedures

- Players, Coaches, Staff, and Officials will wait to enter area around court until the previous game has left.
- All persons attending a game are subject to reading and confirming a self-screening assessment posted on the entry way of the park.
- Players will wear masks while entering the game site.
- Players will sanitize hands before stepping on the court.
- If Players bring a bag/backpack with personal items, please store these items 10ft. apart from other bags. This includes water bottles.
- A coaching staff member (COVID Coach) will ask health screening questions prior to games beginning. This should take place outside of the game area before the start of your game.

Player and Coach Check-In Procedures

- Attendance will be taken by coaching staff prior to each game
- Coaches will ask each [screening questions](#) prior to each game.
- Parents are asked to be present during screening questions, if a player responds that they are sick, they should leave the court immediately.

If an athlete contracts COVID-19, please contact your coach immediately. Your coach will contact their league commissioner.

Facility Exit Procedures

- Players will pack up all items in their bags at conclusion of practice.
- Players and coaches must wear masks when exiting the game or practice site.

Basketball Activity Recommendations for Games

- All teams are required to have a designated COVID-Coach during games. The COVID-Coach will enforce all COVID-19 related procedures.
- When possible on the sideline coaches and players will keep a distance of 10 ft. apart.
- When social distancing is not possible, including in the court of play, players are strongly encouraged to wear masks.
- Coaches must wear masks during games.
- Players must wear masks when not on the court.
- COVID-Coach is responsible for the sanitation of basketballs prior to and during games. They are responsible for providing sanitation to any players.
- Players will maintain a 10 ft. distance while on the sideline and not playing.
- DPR is instituting a sanitization stoppage during each half of gameplay. This will be an opportunity to switch out for a sanitized basketball, and sanitize players hands.
- Face coverings are required for all adults. This includes Coaches, Staff, Officials, Volunteers, and Fans.
- In replacement of a post-game handshake, players will line-up and do a socially distant “good game” waive
- No team meetings will be held in the vicinity of the court to allow the next team to enter the play area.

Spectators/Parents Procedures

- Fans must view games from the sideline and are required to maintain 10 ft. of social distancing between members of different households
- Fans must be limited to 2 per player. *Please see section 13 of [VA Governors Executive Order 72](#)*
- Spectators/Parents will wear masks while viewing games.
- Parent exiting process will occur immediately following the game.

Individual Items to Bring to Games

- Bag/Backpack for individual equipment like flags and belts.
- Water Bottle(s) with Name. There will be no shared water coolers/bottles.
- Hand Sanitizer
- Hand Wipes
- Light and Dark Shirt

Other Considerations

- Please have your child use the bathroom prior to games to reduce use of bathroom traffic at the fields. Bathrooms may be closed for the season at some locations.
- Wash your hands before and after you play; avoid touching your face. Follow CDC guidance regarding hand washing.
- If a player gets sick during game, they will be removed from the game area, parent will be called to pick them up, all equipment will be cleaned; out of an abundance of caution, game will be cancelled. If people on your team are showing signs of COVID-19, we will cancel the remaining games to evaluate operations.
- Notify Coaching Staff with any medical updates.
- Teams will be placed in smaller pods to ensure safety of full division in the event of an outbreak amongst teams.